

## BEGINNINGS

Fresh, locally sourced sustainable ingredients cooked to order

Plates are portioned for two people

**CROCK OF FRENCH ONION SOUP** (GFO)

**CLAM CHOWDER W/PUFF PASTRY LID (FRIDAYS)**

**FIELD OF GREENS SALAD (WITH ENTRÉE)**

Mixed greens, carrots, red onion, tomatoes, cucumbers, mushrooms, croutons.

*Housemade Dressings: Balsamic Vinaigrette, Herb Garlic Vinaigrette, Strawberry Balsamic Vinaigrette, Thousand Island, Chipotle Ranch, Ranch, Creamy Bleu Cheese*

**IRISH CHIPS WITH DIPPING SAUCE**

Irish chips served with your choice of dipping sauce:

- Curry
- Guinness BBQ
- Brown Gravy
- Ranch
- Chipotle Ranch
- Honey Mustard
- Housemade Spicy Ketchup
- Killarney Sauce

**HOT BOLLIX SPICY POTATO BALLS (8 EACH)**

An original creation of deep fried potato, rashers (Irish bacon), scallions and Irish cheddar cheese. Served with hot sauce and ranch dressing

**IRISH POTATO SKINS (5 EACH)**

Potato jackets, rashers (Irish bacon), cheddar cheese, scallions, sour cream

**VEGGIE POTATO SKINS (5 EACH)** (GF) (VG)

Potato jackets, sautéed mushrooms, onion, bell pepper, jalapeño, pepperjack, cheddar cheese

**7 IRISH NACHOS** (GFO)

**9.75**

5.5 Irish chips, cheese, pico de gallo, jalapeños, sour cream, chipotle pepper sauce

4.5

**WINGS**

**9.5**

• **BUFFALO WINGS:** Our customers claim these are the best wings in town. Made from scratch using the original Buffalo New York recipe.

• **GUINNESS BBQ WINGS:** Made with our homemade Guinness barbecue sauce. A local favorite!

• **RÚLA BÚLA HOUSE WINGS:** Guinness BBQ sauce meets Buffalo wings, sweet and spicy

**CHICKEN TENDERS**

**9.5**

All white meat buttermilk dipped and breaded fresh to order. Served with chipotle ranch dressing

8

**GRILLED BACON WRAPPED SHRIMP (4 EACH)** (GFO)

**8**

Four shrimp, applewood smoked bacon, Guinness BBQ sauce

**8.5 SPINACH AND ARTICHOKE DIP (SERVES 2)** (GFO)

**11**

Artichokes, fresh spinach, roasted garlic, three cheeses, crackers and baguette bread

**8 MUSSELS GALWAY BAY-STYLE** (GFO)

**14**

Steamed in a broth of white wine, cream, shallots, fresh garlic, herbs with a crusty baguette



## BRUNCH

saturday and sunday

11:00 am - 2:00 pm

Great Food, Drink Specials, Bottomless Mimosas

**HAPPY HOUR 3 - 6 PM DAILY**

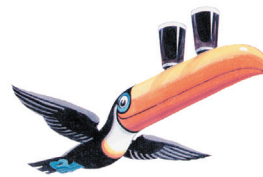
**REVERSE HAPPY HOUR 10 PM TO CLOSE**

**SUNDAY 1/2 PRICE ON ALL BOTTLES OF WINE**



**PLAN YOUR NEXT EVENT AT RÚLA BÚLA**

email: [arkle@rulabula.com](mailto:arkle@rulabula.com) [rulabula.com](http://rulabula.com)



## LIVE MUSIC

Weekend Evenings

Saturday and Sunday  
afternoons on the patio

Tuesday - Open Jam

Wednesday - Pub Quiz

Thursday - Best of Open Mic

**2 HOURS FREE PARKING with Customer Code 33758**

**Must Enter code upon entry to lot. Ask your server for instructions.**

(VG)=VEGETARIAN (V)= VEGAN (GF)=GLUTEN FREE (GFO)=INGREDIENT OMITTED FOR GLUTEN FREE

\*Consuming undercooked meats may increase your risk of food borne illness, especially if you have certain medical conditions 06/17

## —❦❦❦— IRISH CLASSICS —❦❦❦—

**SHEPHERD'S PIE** *VOTED "BEST OF PHOENIX"* **14.5**

Angus beef, parsnips, turnips, carrots, peas, whipped champ potatoes, choice of side

*Topped with cheddar cheese add 1.25*

**VEGETARIAN SHEPHERD'S PIE** (VG) **13.5**

Includes lentils, carrots, potatoes, parsnips, turnips, peas, fresh herbs, whipped champ potatoes, choice of side

**VEGAN ALSO AVAILABLE** (sub red potato for champ)

**CORNED BEEF AND CABBAGE** **14.5**

Housemade corned beef brisket cooked in Guinness. Sautéed cabbage, applewood bacon, red potatoes, carrots

**IRISH LAMB STEW** **14**

Colorado lamb, root vegetables, Irish brown bread

**CHICKEN POT PIE** **14**

Chicken, onions, turnips, parsnips, carrots, peas, mushrooms, choice of side

**GAELIC-STYLE CHICKEN BREAST** (GF) **16.5**

Sautéed chicken breast, wild mushroom Irish whiskey cream sauce, whipped champ potatoes, choice of side

*Our mushroom sauce is adapted from an old family recipe from the O'Connor family of County Meath.*

**BOXTY**

*Made with a mixture of cooked and raw potatoes, boxty is similar to a crepe or tortilla or potato pancake. Cooked on a griddle it is stuffed with a variety of fillings and rolled. Served with your choice of side*

**BRAISED BEEF & GUINNESS BOXTY** **14.5**

*Boxty has been popular for so long that one traditional Irish rhyming song goes:*

*"Boxty on the griddle, boxty on the pan;  
If you can't make boxty, you'll never get a man."*

**GUINNESS & BEEF PIE W/PUFF PASTRY CRUST** **15.5**

Angus beef braised with Guinness and herbs topped with a puff pastry shell, choice of side

**BANGERS 'N MASH** (GFO) **14.5**

Locally made Irish sausages, whipped champ potatoes, brown onion gravy, choice of side

**CREAMY BAKED MACARONI 'N CHEESE** **12**

Fresh cream, Irish cheddar cheese, choice of side

- ADD RASHERS (HAM 3OZ) 1.5**
- ADD SPICES AND ROASTED JALAPEÑO 1**
- ADD CHICKEN (3OZ) 3**
- ADD SHRIMP (5 EA) 3.5**
- ADD BEYOND MEAT™ CHICKEN (3OZ) 3**

## —❦❦❦— SIDES 4.5 —❦❦❦—

- GARDEN SALAD**
- COLESLAW**
- GLAZED CARROTS & BASIL**
- BRUSSELS SPROUTS & APPLES**
- KALE AND BACON**
- ORGANIC QUINOA**
- MAC AND CHEESE add 1.5**

- IRISH CHIPS**
- RÚLA BÚLA FRIES**  
*Spicy shoestring*
- SWEET POTATO FRIES**
- PARSLEY RED POTATOES**
- WHIPPED CHAMP POTATOES**
- HOUSE CHAMP POTATOES**  
*Gravy, cheese, bacon  
and chives add 1.5*

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## — GARDEN —

*Homemade Dressings: Balsamic Vinaigrette, Herb Garlic Vinaigrette, Strawberry Balsamic Vinaigrette, Thousand Island, Chipotle Ranch, Ranch, Creamy Bleu Cheese*

**CEASAR SALAD** (GFO) 8  
Traditional style, French bread

**ADD GRILLED CHICKEN (6OZ) 6**

**ADD SHRIMP (6 EA) 7**

**ADD ROSEMARY SALMON 7.5**

**ADD STEAK 8**

**KALE AND QUINOA SALAD** (GF) (VG) 9  
Kale, organic quinoa, parmesan cheese, dried cranberries, maple toasted walnuts, lite citrus Dijon vinaigrette dressing

**ADD GRILLED CHICKEN (6OZ) 6**

**ADD SHRIMP (6 EA) 7**

**ADD ROSEMARY SALMON 8**

**ADD STEAK 8**

**STRAWBERRY SALAD WITH CHICKEN** (GF) 14.5  
Mixed greens with grilled chicken, strawberries, bleu cheese crumbles and pecans tossed with a poppy seed vinaigrette

*Recipe adapted from Chef Paul Rankin, County Down*

**IRISH SALAD** (GF) 10  
Mixed baby greens and spinach, red potatoes, tomatoes with sautéed mushrooms and onions. Tossed with a light Dijon vinaigrette.

**ADD GRILLED CHICKEN (6OZ) 6**

**ADD ROSEMARY SALMON 8**

**ADD STEAK 8**

## — SIDES 4.5 —

<p><b>GARDEN SALAD</b></p> <p><b>COLESLAW</b></p> <p><b>GLAZED CARROTS &amp; BASIL</b></p> <p><b>BRUSSELS SPROUTS &amp; APPLES</b></p> <p><b>KALE AND BACON</b></p> <p><b>ORGANIC QUINOA</b></p> <p><b>MAC AND CHEESE</b> <i>add 1.5</i></p> <p><b>IRISH CHIPS</b></p>	<p><b>RÚLA BÚLA FRIES</b> <i>Spicy shoestring</i></p> <p><b>SWEET POTATO FRIES</b></p> <p><b>PARSLEY RED POTATOES</b></p> <p><b>WHIPPED CHAMP POTATOES</b></p> <p><b>HOUSE CHAMP POTATOES</b></p> <p><i>Gravy, cheese, bacon and chives add 1.5</i></p>
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## — SEA —

*Sustainable, cut fresh daily*

**SIGNATURE FISH & CHIPS** *VOTED "BEST OF PHOENIX"*  
Alaskan cod, freshly made ale batter. Irish chips, cabbage slaw, housemade tartar sauce

**2-PIECE** 14

**3-PIECE** 16

*Batter-fried fillets have been so commercialized, people have forgotten how really good they can be when freshly made*

**FISH AND SHRIMP COMBO** 16.5  
Two pieces of cod, three shrimp, Irish chips, cabbage slaw, housemade tartar and cocktail sauce

**SHRIMP AND BROCCOLI SCAMPI DINNER** (GFO) 16  
Shrimp (8 ea), broccoli spears, fresh garlic lemon butter, choice of organic quinoa or penne pasta, jalapeño cheese bread

**GRILLED ROSEMARY SALMON** (GF) 18  
Grilled salmon, sautéed squash, grape tomatoes, red and green onion, garlic, red pepper, fresh basil, rosemary with organic quinoa

**SALMON FILET WITH HORSERADISH CRUST** (GFO) 18  
Salmon filet encrusted with panko bread crumbs and horseradish. Served on a bed of organic quinoa and fresh sautéed spinach with a chive cream sauce

**MUSSELS, GALWAY BAY-STYLE** (GFO) 14  
Steamed in a broth of white wine, cream, shallots, fresh garlic, herbs with a crusty baguette

## — \*LAND —

**COMFORT FOOD** 16  
Fried chicken breast, housemade Irish mac 'n cheese, brown gravy, bacon bits

**CURRY CHICKEN** 14  
Boneless chicken in our house Curry sauce over organic quinoa with sautéed broccoli and carrots  
*Substitute vegan Beyond Meat™ chicken add 2*  
*Veggie patty also available*

**BISTRO FILET MEDALLIONS** (GF) 18  
Whiskey peppercorn sauce, whipped champ potatoes, choice of side

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## SANDWICHES (GFO)

Your choice of side

### THE ULTIMATE BLT

Applewood smoked bacon with a hint of our dry rib rub, toasted French roll, lettuce, tomato, housemade herb mayo (Bacon raw weight about 1/2 lb)

As seen on Check Please! Arizona

### CORNED BEEF SANDWICH ON RYE

Generous portion of Guinness corned beef, Swiss cheese, red onion, grilled marbled rye bread, Dijon mustard

### DELUXE CORNED BEEF MELT

Our famous Guinness corned beef, melted Swiss cheese, a fried egg, Applewood bacon, pretzel roll

### REUBEN SANDWICH

Generous portion of Guinness corned beef, sauerkraut, Swiss cheese, Thousand Island dressing, grilled marbled rye bread

Turkey Reuben also available

### IRISH DIP WITH SWISS CHEESE

Housemade roast beef, melted Swiss, crusty Italian roll with au jus

### ULTIMATE GRILLED CHEESE WITH BACON

American cheese, cheddar cheese, Applewood smoked bacon, baked macaroni, rustic white bread

As seen on the Food Network

### PLOWMAN'S VEGGIE SANDWICH (VG)

Grilled squash, fresh herbs, sautéed wild mushrooms, onions, roasted peppers, tomato, Swiss and mozzarella cheese, crusty roll, Killarney sauce

### SAN PATRICIO CHICKEN WRAP

Grilled chicken breast, chipotle pepper sauce, cheddar cheese, avocado, lettuce, tomato, onion, sour cream, spinach tortilla

Named for the Irish soldiers of Batallón de San Patricio (St. Patrick's Brigade) who fought and died next to their Mexican brothers

11

11

10.5

11

11

10

10

11

## \*BURGERS & CHICKEN (GFO)

(Includes one side)

100% fresh Angus beef or all natural chicken breast, charbroiled to your preference. Served on a potato roll with lettuce, tomato, pickle slices, red onion and herbed mayo. Choice of side.

Veggie patty option available

Chicken breast (6 oz) available add 1

Turkey burger available add 1

**PRETZEL BUNS ARE NOW AVAILABLE FOR ANY BURGER**

### THE MAC ATTACK

11.5

Angus beef, cheddar cheese, caramelized onion, Applewood bacon, baked mac 'n cheese

As seen on the Food Network

### PUB CHEESEBURGER

9.5

Angus beef, charbroiled to your preference, American, cheddar cheese

### BBQ BACON BURGER

11

Topped with cheddar cheese, bbq onions and Applewood smoked bacon. Served with a side of Guinness barbecue sauce for dipping

### DUBLIN BURGER

10.5

Mushroom sauté, caramelized onion, Swiss cheese

### AZ BURGER

11

Angus beef, Sonoran spice rub, cheddar cheese, jalapeño, chipotle sauce, avocado

### RULA BULA BURGER

13

Angus beef topped with a mound of Guinness corned beef, caramelized BBQ onions and melted Swiss cheese

### PUB BURGER (BUILD YOUR OWN)

9.5

Potato or multi-grain bun. Pretzel bun add .25

American, cheddar or pepperjack cheese, Applewood bacon, avocado add 1 each. Mushroom, caramelized onion, jalapeño add .50 each. Chipotle sauce, sour cream, Thousand Island dressing, chipotle mayo add .25

## SIDES 4.5

### GARDEN SALAD

### COLESLAW

### GLAZED CARROTS & BASIL

### BRUSSELS SPROUTS & APPLES

### KALE AND BACON

### ORGANIC QUINOA

### MAC AND CHEESE add 1.5

### IRISH CHIPS

### RÚLA BÚLA FRIES

Spicy shoestring

### SWEET POTATO FRIES

### PARSLEY RED POTATOES

### CHAMP POTATOES

### WHIPPED CHAMP POTATOES

Gravy, cheese, bacon and chives add 1.5

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## WINES

	<b>GLASS</b>
<b>RIESLING</b>	
HEINZ EIFEL KABINETT, GERMANY	8.00
<b>SAUVIGNON BLANC</b>	
JOSH CELLARS, NAPA VALLEY, CA	8.75
<b>PINOT GRIGIO</b>	
BENVOLIO, FRUILI GRAVE, ITALY	6.5
<b>CHARDONNAY</b>	
ESTRELLA, CALIFORNIA	5.5
CHLOE, CALIFORNIA	7.75
<b>MOSCATO</b>	
LA FIERA, PUGLIA, ITALY	5.5
<b>SPARKLING</b>	
WYCLIFF, CALIFORNIA	5.5
<b>WHITE ZINFANDEL</b>	
COASTAL VINES, CALIFORNIA	5
<b>PINOT NOIR</b>	
BYRON, SANTA BARBARA, CALIFORNIA	10.5
<b>MERLOT</b>	
ALBERTONI, CALIFORNIA	6
TANGLEY OAKS, NAPA, CALIFORNIA	9
<b>CABERNET SAUVIGNON</b>	
ALBERTONI, CALIFORNIA	6
NOBLE VINES 337, LODI, CA	9
<b>OTHER RED</b>	
TRAPICHE, MALBEC, ARGENTINA	7

## PREMIUM DRAFT BEERS

16 OZ PINTS 6      20 OZ PINTS 6.75

<b>IRISH</b>	GUINNESS "THE PERFECT PINT"	4.2% ABV
	GUINNESS BLONDE	5.0% ABV
	HARP LAGER	5.2% ABV
	KILKENNY CREAM ALE	4.3% ABV
	SMITHWICK'S RED ALE	4.5% ABV
	MAGNERS CIDER	4.5% ABV
<b>ENGLISH</b>	BASS PALE ALE	4.7% ABV
<b>BELGIUM</b>	STELLA ARTOIS PALE LAGER	5.2% ABV
<b>USA</b>	LAGUNITAS IPA	6.2% ABV
	BLUE MOON BELGIAN WHITE	5.3% ABV
	KILTIFTER SCOTTISH ALE*	6.0% ABV
	HOP KNOT IPA*	6.7% ABV
	SEASONAL (ROTATING) <i>ASK SERVER</i>	
	LOCAL (ROTATING) <i>ASK SERVER</i>	

## DESSERT

All desserts are house made by our happy kitchen staff  
Traditionally, desserts in Ireland have been simple affairs, relying  
on the easygoing skill of the country cook.

<b>IRISH BREAD PUDDING</b>	<b>6.25</b>
<b>HALF ORDER</b>	<b>3.5</b>
Bread, custard, cinnamon, raisins, Irish whiskey sauce <i>Bread pudding aficionados say Rúla Búla's is No 1</i>	
<b>DEEP FRIED IRISH BREAD PUDDING</b>	<b>8</b>
Thick and cruncy. Served with fresh strawberries, Irish whiskey sauce, chocolate sauce, pecans and whipped cream <i>(requires extra time)</i>	
<b>BLACK AND WHITE GUINNESS BROWNIE</b>	<b>6</b>
Triple chocolate, Guinness. Served with a scoop of vanilla ice cream and white chocolate sauce	
<b>APPLE CRUMBLE</b>	<b>6</b>
Grandma's recipe with sweet cream <i>Add a scoop of ice cream for 1.5</i>	

### GUINNESS FLOAT 7.5

Guinness, vanilla ice cream, dark and white  
chocolate sauces. Heaven!

### FARM FRESH IRISH CREAM 6

Housemade Irish cream (Baileys-style)  
All natural fresh cream, Irish whiskey and other  
flavors served on the rocks

## IRISH COFFEE

*An old recipe. Cream, rich as an Irish brogue. Coffee, strong  
as a friendly hand. Sugar, sweet as the tongue of a rogue.  
Whiskey, smooth as the wit of the land.*

<b>IRISH COFFEE</b>	<b>7</b>
Black coffee, brown sugar, Irish whiskey, whipped cream	
<b>RÚLA BÚLA IRISH COFFEE</b>	<b>8</b>
Black coffee, Irish whiskey, housemade Irish cream (Baileys-style), Kahlua	
<b>MOCHA COFFEE</b>	<b>6</b>
Black coffee, housemade Irish cream, whipped cream	